

All nature announces Spring as the season of New Beginnings.

A large portion of the world calls this 'Nau Roz' (New Day).

Afghanistan needs a new day. Thousands have lost their jobs and are struggling to feed their families or to provide them with the education they need.

Government of any nation is not easy.  
Some government rulings are difficult to understand.

We at Rebuild are doing all we can to give support and work within the rules.

Our dream, for more than 50 years, has been to see Afghanistan become a nation that is known internationally as a place of genuine peace, justice and prosperity for all its citizens.

There have been many 'new beginnings' in that time, that have not brought the change we all want to see.

But we must never give up... or lose hope! Let's work together to make this a New Day!



Peter J. Reynolds  
President of Rebuild  
Kabul, Afghanistan

## New Beginnings:

This New Year with its many challenges, also offers many new opportunities!

People in Afghanistan are working very hard to help their families and communities in countless ways. It takes whole communities working together, serving each other, to bring real, lasting change.

At Rebuild we are encouraged to see schools pioneering to help students and their families to become trustworthy future citizens. Improving the quality of education for young people empowers them with the skills and the practical experience they need to create the Afghanistan, that THEY will live in.

Rebuild's Islamic Student Focused Learning (ISFL) methodology focuses on whole school communities working together to develop the talents and abilities of each student. Module 1 of ISFL training, introduces the importance of Social and Emotional Intelligence for both staff and students. Module 2 demonstrates the importance of Active Participatory Learning in the classroom.

65 new teachers from 5 different schools completed these two ISFL Modules during the winter.

We cheer them on as they start to implement these 'new beginnings' in their schools.

The Life-Skills Labs for young people were Rebuild's new enterprise last year. These introduced new skills and learning for dozens of young people in a time of immense struggle and uncertainty.

30 of these workshops have empowered teenagers for more respectful and healthy relationships with family and friends.

As one teenager said "I've learned that first I must change myself, before I can help others".

"If there is righteousness in the heart, there will be beauty in the character. If there is beauty in the character, there will be harmony in the home. If there is harmony in the home, there will be order in the nations.

When there is order in the nations, there will be peace in the world." Ancient Chinese Proverb



Barbie Reynolds  
CEO of Rebuild  
Kabul, Afghanistan

# Leadership Department

## 90 Day Rocks April – July 2023

### 1. Rebuild Masters Training Programme

to be ready by the end of December 23

- Organise training materials into units
- Write-up plans and proposals for the new programme
- Write outline for first unit
- Create a 'production schedule'
- Produce first training unit facilitator manual with materials & Prezi, and test



### 2. Community Project-Based Learning Laboratory

- Advertise, interview, recruit and orientate new team of 8 Facilitators
- Implementation of Rebuild's PBL Values, Skills and Vision in 6 small projects
- Creation of one large project with the first cohort of trainees
- Evaluation, analysis and report completed
- Trainee Facilitators interviewed and selected for continuation of project

### Learning through Hamyari:

During the past one year, the Hamyar groups in the Rebuild model school 'Pishgaman, the School of Life' and the Rebuild partner school 'Farzanagan-e-Jawan High School' have been trying to implement the Islamic Student Focused Learning (ISFL) method.

The main job of Hamyars in these two schools was to support the teachers in changing the educational culture of the school.

This meant supporting them to make learning enjoyable for more than 900 students and facilitating teaching for 35 teachers.

In the new spring, three new schools (Nasl-e-Farda, Canon Roshanaye and Pajohesh) were inspired to change their educational culture.

Hence, six weeks of training for 65 teachers in 3 rounds as well as 2 weeks of training for more than 13 principles, headteachers and administrative employees were held under the title 'ISFL School Administration; Creating Vision and Values.'

Revision and editing of 44 teaching manuals and printing of more than 600 manuals for 65 classes are among other things that have been done for the new spring "the new beginning".

In the coming year, 14 Hamyars in 5 schools are trying to make learning easier for more than 2,500 students, and facilitate teaching for their teachers.



## The Art of Healthy Life/Living;

In the last three months, despite the prevailing uncertainty and the numerous challenges and limitations, the Life Skills team has organized six 3-week training courses for boys and girls in domestic residents and schools in different parts of the city.

After the end of the labs/courses, with the purpose of following up the performance of the student, and in light of the existing restrictions, the girls' reunions were held in a house-to-house manner.

In these reunions, we try to find out about the effectiveness of the labs/course by getting the students to share their experiences with one another, and by following up and examining the effects of the course on the personal and social lives of the students.

Since the beginning of the Life Skills Programme until now, 30 Life Skills labs have been held for boys and girls in 15 different schools and residential homes.

The Life Skills Team



## My Small Project; Making a Decorative Lamp

In the Life Skills Lab and the Project-Based Learning course, I learned about topics such as how to start a project, task allocation, time management, and teamwork.

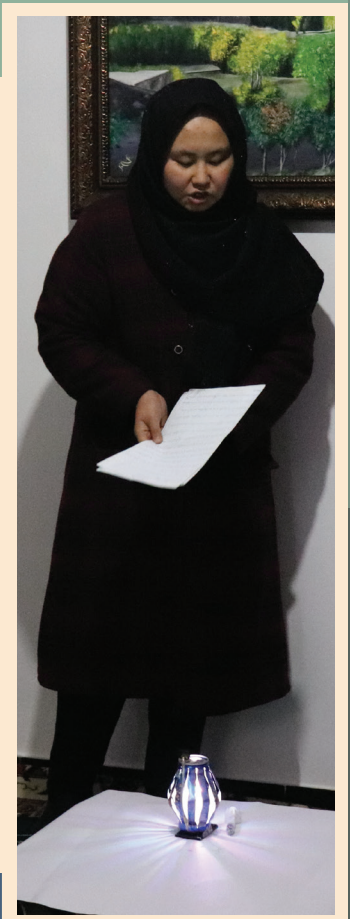
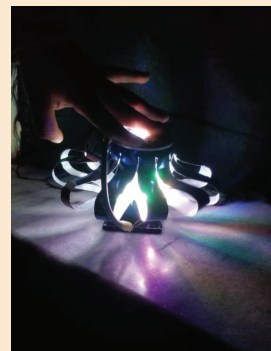
It was time to apply the theoretical lessons of school in practice. For this, I needed recycled materials such as Pepsi cans, string lights, cell phone batteries, wires and switches to implement the system of electric cycle, energy conversion and electrical mechanics.

And here is my small decorative lamp.

Yes, this learning method is effective and enduring!

Zohra Hasani

A Participant of Life Skills Labs



“After completing the Life Skills Lab, Khaleda has become more patient, listens to others more, and answers more politely.

She is more responsible now, and she helps with the house chores.

And, I see positive changes in her behaviour with her siblings as well.”

Abdul Hamid Rahimi (A Participant's Father)

Note: The photo above has been taken during one of the Life Skills Labs in Shams High School.



Mohammad Yahya  
Seventh Grade Student at  
Farzanagan-e-Jawan High School

I was on my way to school earlier than usual.  
On the way, I was thinking about school, the new teachers and how they might be.  
I was asking myself how the year would go on.  
I arrived at the school, and I entered the classroom.  
After greeting the students, the teacher asked, “What rules do you want to have in your classroom so that you can learn better?”  
This was interesting to me because, previously, only the teacher decided about the rules and then announced them to the class.  
Something had changed. We asked questions without fear.  
No one would shout if anyone made a mistake.  
Students were asked about their opinions. The class activities had become more interesting which made everyone in the class more interested in learning.  
There was no more violence. There was a sense of peace and security in the school, and I learned the lessons better in this new environment.



Wahidullah  
A Participant of Life Skills Lab

“During the three weeks of training, I learned many important and practical points that are needed in every person’s life, and I try to apply them in mine.  
Before participating in this course, I did not notice many of my actions that challenged my relationships with the people around me.  
I used to notice only my words, but now I know that many other things such as body language and tone of voice also play a valuable role in establishing healthy communication.  
The level of conflict in my life has decreased and I try to persuade my friends to use appropriate words, tone of voice and body language.”

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